

TREATMENT	DESCRIPTION	DURATION
MASSAGE		
Terazi Spa Signature Massage	East meets west in our Signature Massage, which is uniquely designed to work on every muscle in your body. Choose from our Deep Healing, Calming, and Romance massage oils and experience a blend of techniques, from lomi lomi movements, accupressure, and Swedish massage.	60 minutes 90 minutes
Sports Massage	Its a deep tissue massage focused on trigger points to release muscle tension from athletic and active movements.	60 minutes 110 minutes
Hilot	Experience the ancient Filipino art of healing massage. Using extra virgin coconut oil, this traditional massage helps restore you back to health with different techniques. The rhythmic massage using dagdagay sticks improves circulation, while ventosa or cupping therapy draws negative energy from the body. A wrap of warm banana leaves is perfect for relaxation as the Hilot helps restore you back to health.	105 minutes
FACIALS		
Natural Organic Facial	Give your skin nature's best with freshly-prepared fruits and other plant based ingredients. Cleanse, moisturize, and tone your skin with a blend of sweet almond oil, cucumber, papaya, oats, aloe vera, and rose water. Combined with a relaxing facial massage to assist lymphatic drainage and blood circulation, this will leave your skin healthy and glowing.	60 minutes
Skin Renewal Facial	Uses facial modalities for deep cleansing and better penetration of nutrients from facial products. Involves a non-invasive, powerful, skin-exfoliating treatment called microdermabrasion, to promote skin regeneration to lessen the appearance of pigmentation, scars and fine lines.	80 minutes
BODY SCRUBS		
Citrus Body Glow	A refreshing way to exfoliate and nurture the skin. Using dead sea salt, citrus ingredients and sweet almond oil, this scrub will mineralize, detoxify and moisturise your skin.	60 minutes
Exotic Jasmine Body Polish	True to Filipino culture, this scrub uses natural organic ingredients that has been used throughout the ages for health and beauty. Combined with the uplifting aroma of Jasmine flowers and oils, this scrub is a perfect treatment for the body and mind.	60 minutes
Hamam	Terazi brings you Hamam, a traditional Turkish bath that is growing in popularity in spas all over the world. Experience this bath in a steam-heated room, specially designed after the marble-lined traditional Turkish bath house. The journey begins with dousing, followed by a full body exfoliation using the traditional 'kese' mitt and castile soap. Using radiant heat, Hamam is a truly unique experience that has immediate and visible effects on your skin.	60 minutes
BODY WRAPS		
Glorious Mud Body Mask	Made from Rhassoul clay, which is mud from ancient deposits within the Atlas Mountain in Morocco. This clay is rich in minerals that are excellent in detoxifying the skin and improving skin texture.	60 minutes
Remineralizing Dead Sea Mud Wrap	Found in the lowest part of the earth, dead sea mud is packed with essential minerals the body needs. When it dries, it pulls impurities from the skin and tightens it for a toner looking skin.	60 minutes
Ginger Herbal Wrap	Made from ginger and honey, this wrap is not only designed to cleanse and detox the body but also to protect the skin from early aging. It is also very good for warming the muscle and perfect for those who need to relieve muscle tension in the body.	60 minutes
BATH CREATIONS		
Exotic Indulgence	Exotic flowers are used in baths for its rejuvenating experience. Not only are they high in antiseptic properties but has sedative and aphrodisiac effects to relax your body and uplift your mind.	30 minutes
Muscle Soak	Combination of ginger's anti-inflammatory properties, salt's minerals and therapeutic effect of warm water, is the best remedy to reduce muscle and joint pains.	30 minutes
Skin Nourishing Milk Bath	Moisturize your skin in the richness of coconut milk. Its high oil content helps seal in the moisture from your body. Relax in the calming scent of lavender oil.	30 minutes
Romance Rose Petal Bath	Rose is rich in vitamins and antioxidants. It has been used to treat all kinds of skin ailments due to its antiseptic properties. As a mild diuretic, it rids your body of excess water and works well as a gentle detoxing agent.	30 minutes

